

# Freud & Co in Psychiatry. A Clinical Psychotherapy Perspective

(First edition, 2006)

<https://www.maklu.be/MakluEnGarant/BookDetails.aspx?id=9789044118131>

The layman sometimes lumps together psychiatry, psychotherapy and psychoanalysis. Yet they each give their own completely different response to psychic suffering. Their mutual relationship is both controversial and problematic. Possibly, each era produces its psychopathology. Psychiatry and psychoanalysis, therefore, remain in constant flux, both in themselves and about each other. Freud, meanwhile, has created a large and motley family. Within the psychiatric clinic, it is represented by a handful of significant figures. Clinical psychotherapy is presented as a practical attempt to integrate psychiatry and psychoanalysis. It is at the crossroads between the natural sciences, the humanities and an artistic craft. This book clarifies this complex matter.

## Reviews

*“With this book, Kinet provides an overview of the psychoanalytic thinking that has captivated psychotherapists. In a nutshell, he serves up the pluralism of contemporary psychoanalysis to the reader. He intertwines thoughts from the work of Freud, Klein, Winnicott, Bion and Lacan into a very personal colourful bouquet.”*

(Marc Hebbrecht, MD, Maandblad Geestelijke Gezondheid – Monthly Journal of Mental Health).

*“In this book, Kinet rightly distances herself from a narrow-minded approach to psychoanalysis and intelligently gives it a place in the topicality of mental health care. He glides past poorly substantiated critiques of psychoanalysis and diversifies psychoanalysis, as it is too much seen as a monolithic whole. There is also an extremely fascinating and relevant chapter devoted to the possible integration between psychoanalysis and psychiatry. ... Although not intended as such, it offers an introduction to psychoanalysis, thorough and practical.”*

(DNB/Biblion – The Dutch Library/Biblion).

*“In his use of language, Kinet addresses the widest possible audience. Through his personal, essayistic writing style, he portrays the complexity of the subject matter in sometimes deceptive simplicity ... Pithily and pictorially, he discusses the focus on the pre-Oedipal mother-child relationship and on psychopathology that finds its roots in the first stages of life...A fascinating book with interesting reflections.”*

(Mary Hoxe, PhD, Tijdschrift voor Psychoanalyse - Journal of Psychoanalysis)

*“Kinet sets out the differences between psychiatry, psychotherapy and psychoanalysis and describes the core principles of the psychoanalytic approach. In doing so, he does not shy away from professional jargon, but his pleasant style and many puns and allusions make it a smoothly readable book. The fragmentation of the psychoanalytic movement is discussed in detail. Kinet addresses the very virulent disagreements between analytic schools. Finally, Kinet proposes an integration of psychiatry and psychoanalysis in which the clinical psychotherapist acts as a kind of tiger-whisperer where the tiger stands for the unfettered forces of the patient is at the mercy of. This is a good introduction to the value of psychoanalysis as a 'science of the particular'.”*

(Artsenkrant - Doctors' Newspaper)

*“It is a thorough introductory work that does not linger on theory but indicates what can be done today with psychoanalytic therapy. And that turns out to be more than some would have us believe. An excellent volume from an excellent series.”*

(Jan De Wit, De Leeswolf - The Reading Wolf).